

Common Soap Making Ingredients (Cold Process)

Use INCI (International Nomenclature of Cosmetic Ingredients) names when labelling soap for sale. Common or marketing names are not legally sufficient.

BASE OILS & FATS

Common Name	INCI Name
Olive Oil	Olea Europaea (Olive) Fruit Oil
Coconut Oil	Cocos Nucifera (Coconut) Oil
Sunflower Oil (High Oleic)	Helianthus Annuus (Sunflower) Seed Oil
Sweet Almond Oil	Prunus Amygdalus Dulcis (Sweet Almond) Oil
Castor Oil	Ricinus Communis (Castor) Seed Oil
Rice Bran Oil	Oryza Sativa (Rice) Bran Oil
Avocado Oil	Persea Gratissima (Avocado) Oil
Jojoba Oil	Simmondsia Chinensis (Jojoba) Seed Oil

BUTTERS & SOLID FATS

Common Name	INCI Name
Shea Butter	Butyrospermum Parkii (Shea) Butter
Cocoa Butter	Theobroma Cacao (Cocoa) Seed Butter
Mango Butter	Mangifera Indica (Mango) Seed Butter
Tallow	Sodium Tallowate*
Lard	Sodium Lardate*

SAPONIFIED OILS

Oil Used	INCI Name in Soap
Olive Oil	Sodium Olivinate
Coconut Oil	Sodium Cocoate
Sunflower Oil	Sodium Sunflowerate
Shea Butter	Sodium Shea Butterate
Castor Oil	Sodium Castorate
Tallow	Sodium Tallowate

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ESSENTIAL OILS

Common Name	INCI Name
Lavender Essential Oil	Lavandula Angustifolia Oil
Sweet Orange Essential Oil	Citrus Aurantium Dulcis (Orange) Peel Oil
Lemon Essential Oil	Citrus Limon (Lemon) Peel Oil
Tea Tree Essential Oil	Melaleuca Alternifolia (Tea Tree) Leaf Oil
Peppermint Essential Oil	Mentha Piperita (Peppermint) Oil
Eucalyptus Essential Oil	Eucalyptus Globulus Leaf Oil

NATURAL COLOURANTS & ADDITIVES

Common Name	INCI Name
Kaolin Clay	Kaolin
French Green Clay	Illite
Bentonite Clay	Bentonite
Activated Charcoal	Charcoal Powder
Cocoa Powder	Theobroma Cacao (Cocoa) Powder
Oatmeal (Colloidal)	Avena Sativa (Oat) Kernel Flour

IMPORTANT LABELLING NOTES

- Ingredients are listed in descending order by weight at time of mixing
- Use INCI names only, not common names
- Essential oils are listed as individual INCI names (not "essential oils")
- Allergens must be declared where required
- Finished soap uses saponified ingredient names (Sodium + oil name)